

Affordable Psychotherapy Resources in the San Francisco Bay Area

Accepting new clients during Shelter in Place
Sessions are held by phone or video during this time

San Francisco

California Institute of Integral Studies (3 SF locations):

[Church Street Integral Counseling Center](#)

1782 Church St, San Francisco
(415) 648-2644

[Pierce Street Integral Counseling Center](#)

2140 Pierce St, San Francisco
(415) 776-3109

[Golden Gate Integral Counseling Center](#)

507 Polk St #450, San Francisco
(415) 561-0230

California Institute Center for Somatic Psychotherapy

<https://www.ciis.edu/counseling-and-acupuncture-clinics/center-for-somatic-psychotherapy>

1453 Mission Street, San Francisco
(415) 217-8895

Center for Mindful Psychotherapy

<https://mindfulcenter.org/contact/>

(various locations in SF, East Bay and Peninsula)
(select a therapist and schedule phone consult on their website)

Grateful Heart Therapy

<https://gratefulhearttherapy.org>

(various locations in SF and East Bay)
(510) 394-5065

Haight Asbury Psychological Services

<http://www.hapsclinic.org>

3330 Geary Blvd., San Francisco
(415) 221-4211

Marina Counseling Center

<https://www.marinacounseling.com>

2137 Lombard Street, San Francisco
(415) 563-2137

The San Francisco Marriage and Couples Center (offers therapy for individuals as well)

<https://www.sanfranciscomarriagecenter.com>

254 Church Street, San Francisco
(415) 494-7074

RAMS (accepting SF adult residents with Medical, Medicare or SF Health Plan)

<https://ramsinc.org>

3626 Balboa Street, San Francisco
(415) 668-5955

East Bay

Blue Oak Therapy

<https://blueoaktherapycenter.org/therapists/>

(various locations in the East Bay)

(510) 649-9818

Grateful Heart Therapy

<https://gratefulhearttherapy.org>

(various locations in SF and East Bay)

(510) 394-5065

Center for Mindful Psychotherapy

<https://mindfulcenter.org/contact/>

(various locations in SF, East Bay and Peninsula)

(On their website, select a therapist and schedule your phone consultation)

The Psychotherapy Institute (seeing new clients starting Monday, April 13th)

<https://www.tpi-berkeley.org/clinic/starting-therapy>

2232 Carleton Street, Berkeley

(510) 548-2250, press 1

South Bay

ACT for Mental Health

<https://www.actmentalhealth.org>

441 Park Avenue, San Jose

(408) 287-2640

For crisis hotlines, warmlines, and Information: <http://sfresourceconnect.org/helplines.php>